



Barrow CEVC Primary School

Inspire, Create, Discover, Together

Colethorpe Lane, Barrow,
Bury St Edmunds, Suffolk IP29 5AU



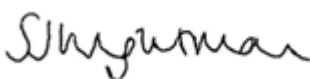
01284 810223

admin@barrow.suffolk.sch.uk

www.barrowcevcprimaryschool.co.uk

Headteacher: Mrs H Ashe BA (Hons)

Sun Safety Policy

Originated by:	Jo Woodland
Reviewed by:	Jo Woodland
Review date:	October 2026
Distributed to:	All Staff
Distribution date:	October 2026
Adopted at Governors' Meeting	October 2026
Signature of Chair of Governors:	
Next review date	Autumn Term 2028

Rational

Whilst we recognise that some sun is good for us, Sun Safety is an important health and safety issue for schools. Children spend almost half their childhood at school, with approximately 8 hours per week spent outdoors. During the warmer months of the year children are exposed to UV radiation from the sun, the majority of which is when UV penetration is at its strongest (between 11am and 3pm). Without adequate protection, a child's delicate skin can easily burn, causing accumulative and irreparable damage. This can significantly increase their risk of developing skin cancer in later life.

Skin cancer is the most common cancer in the UK with rates of the disease rising faster than any other cancer. Sun exposure in the first 15 years of life contributes significantly to a person's lifetime risk of skin cancer highlighting the importance of schools and parents working together, to increase knowledge, influence behaviour, ensure children are protected against UV and learn how to enjoy the sun safely.

Sun Screen

We actively remind parents to ensure their child brings a quality sunscreen to school / leaves their sunscreen at school for application as required. We make available additional sunscreen for all outdoor activities, events and school trips where children may have forgotten, lost or run out of theirs. We actively encourage pupils to apply sunscreen when UV levels reach 3 or above before extended periods outdoors such as lunch breaks, PE, or outdoor activities. A practical approach toward the application of sunscreen will be necessary, with assistance provided only where necessary, unless instructed otherwise by the parent.

Sun hats and clothing

We actively remind parents to ensure their child brings an appropriate sun hat to school / leaves their sun hat at school for use as required. We make available additional/spare sun hats for all outdoor activities, events and school trips where children may have forgotten or lost theirs. We make available uniform sun hats for parents to purchase. We actively encourage pupils to wear their sun hat when UV levels reach 3 or above. Baseball Caps are not recommended and will be phased out. We use sun safe strategies to encourage pupils to cover up like 'No hat, play in the shade'. We ensure pupils wear school and PE uniforms that keep shoulders covered, vests/strappy tops are strongly discouraged. Sunglasses are optional.

Shade

We currently provide shaded areas outdoors where pupils congregate for outdoor play, lessons and activities. This can include trees and/or purpose built or portable shade structures. We conduct shade assessments to consider future needs and are committed to investigating fundraising opportunities and improving shade solutions.

Staff and role modelling

We ask staff to role model good sun safety behaviors such as applying sunscreen and wearing a sun hat when UV levels reach 3 or above. We are committed to ensuring all staff are actively involved in the implementation of this policy and that they consider the UV forecast and sun protection/ control measures when planning outdoor activities or school trips.

Sun Safety Education

We are committed to educating all pupils annually on sun safety using comprehensive, curriculum linked lesson plans, activities and resources provided by the Sun Safe Schools national accreditation scheme.

Informing the school community

We are committed to educating all pupils annually on sun safety using comprehensive, curriculum linked lesson plans, activities and resources provided by the Sun Safe Schools national accreditation scheme.

Policy Review

We are committed to educating all pupils annually on sun safety using comprehensive, curriculum linked lesson plans, activities and resources provided by the Sun Safe Schools national accreditation scheme.