



**Barrow CEVC
Primary School**
Inspire, Create, Discover, Together

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Headteacher: Mrs H Ashe BA (Hons)

14th April 2026

Dear Parents and Carers,

As part of our Personal, Social, Health and Economic (PSHE) education programme, this term we will soon be delivering Relationships and Sex Education (RSE) lessons to our Year 6 pupils.

These lessons are designed to support children's physical, emotional, and social development, and are delivered in an age-appropriate and sensitive manner. The content follows the statutory guidance set by the Department for Education and focuses on helping pupils develop a clear understanding of the changes that occur during puberty, as well as promoting respect, healthy relationships, and personal wellbeing.

Topics covered will include:

- Physical and emotional changes during puberty
- Personal hygiene and self-care
- Reproduction in humans (presented in a factual and appropriate way)
- The importance of respectful relationships and consent
- Keeping safe and knowing where to seek help or advice

All lessons will be taught by Mrs Pells and I in a supportive environment, where pupils feel comfortable to ask questions. We encourage open communication and aim to complement the important role you play in discussing these topics at home.

We understand that families may wish to discuss aspects of the curriculum further. If you would like to review the teaching materials or have any questions, please do not hesitate to contact the school.

Parents do have the right to withdraw their child from the sex education elements of the programme (excluding statutory science content). If you wish to do so, please contact the school office to discuss this further.

Thank you for your continued support.

Yours sincerely

Mr Hale