

Friday, 1<sup>st</sup> May 2026

# The Weekly Bulletin

Inspire, Create, Discover, Together

## Reception Places for 2026

**A rare opportunity: we have Reception places available for September 2026!**

Due to a lower local birth rate locally this year, we're delighted to be able to offer places to families who may not have previously considered our school. This is a very unusual position for us at Barrow, as we are typically oversubscribed each year.

We are incredibly proud of our wonderful school, including our Outstanding Early Years provision, great facilities and enriching opportunities for all children.

We'd really appreciate your help in spreading the word—please share this with friends, family and your local community. You can also follow us at our new Instagram page which has been created to help showcase everything Barrow has to offer!

If you know anyone who may be interested, we would love to welcome them for a tour—please encourage them to get in touch with the school office.

Thank you for your continued support!

## Clubs Starting Next Week

A reminder that our full programme of after-school clubs begins again next week and will run for 3 weeks either side of half term. Collection is at **4:00pm from the UKS2 block**. There may still be spaces available on some clubs so please do enquire at the office if you are interested in a place and haven't already signed up.

**We also ask for your support in clearing the school site promptly after collecting your children at the end of the day.** With Barrow Extra, clubs and the field all in use, there are a large number of children on site and it becomes difficult for staff to maintain clear supervision—particularly if children are playing on the equipment after school. Thank you for helping us keep all children safe.



**SEPT 2026 WE HAVE SPACES!**

**OFSTED OUTSTANDING EARLY YEARS**

**VERY EXCITING NEWS!**

Due to a low birth rate locally in 2021/22 we have an exciting opportunity to open up our amazing school to children outside our area for our Reception Class September 2026! If you are looking for exceptional education and sporting opportunities but thought Barrow School was not an option for you please get in touch ASAP by emailing: [admissions@barrowcevcprimaryschool.co.uk](mailto:admissions@barrowcevcprimaryschool.co.uk)

**OUR AMAZING FACILITIES**

- Playing Fields
- High-tech Classrooms
- Dedicated PE Instructor
- Swimming Pool
- Enrichment Clubs
- Music Teachers
- Music Room
- Wildlife Area
- Breakfast & Afterschool Club
- Library

**Please SHARE**

MORE INFO! [www.barrowcevcprimaryschool.co.uk](http://www.barrowcevcprimaryschool.co.uk)

## Dates for Your Diary

### May

- 4<sup>th</sup> Bank Holiday
- 11<sup>th</sup> Year 6 SATS Week
- 12<sup>th</sup> FoBs Movie Night - see poster
- 13<sup>th</sup> New Reception Information Evening
- 14<sup>th</sup> Reception trip to South Angle Farm
- 22<sup>nd</sup> FoBs Break the Rules non-uniform day
- 25<sup>th</sup> - 29<sup>th</sup> Half Term

### June

- 10<sup>th</sup> Year 6 Residential Trip
- 15<sup>th</sup> Y6 Battle of Britain Day
- w/c 22<sup>nd</sup> Sports Week
- 24<sup>th</sup> Sports Day – R/KS1 in morning – KS2 in afternoon
- 22<sup>nd</sup> FoBs Fathers Day Breakfast

# Sun Safety Reminders

As the weather begins to improve, we would like to take this opportunity to remind everyone about the importance of staying safe in the sun. As we move into the warmer months, it's essential that we all get back into good habits to protect ourselves from the effects of sun exposure.

To support this, we ask that all children come to school prepared for sunny weather by:

- Bringing a named, brimmed hat to wear during outdoor playtimes
- Bringing named sun cream, which they can apply independently where appropriate
- Bringing a water bottle to stay well hydrated throughout the day

We have found that sun creams with an applicator sponge or roller are particularly effective and easy for younger children to use. In school, we will continue to encourage children to:

- Spend time in shaded areas where possible
- Drink water regularly
- Apply sun cream before going outside (where appropriate)



We appreciate your support in helping us to keep all children safe and comfortable during the warmer weather. If you have any questions, please do not hesitate to get in touch.

## Biodiversity Update

Next week sees the start of our summer clubs and with the introduction of gardening and biodiversity buddies, we are looking to revitalise part of the school grounds, with a very exciting project focusing on creating a wildlife pond, wild flower area and the sprucing up the raised beds.

**\*\*We have need of child sized garden tools, gloves, pond plants and we will need to erect a fence around the pond.** If you are able to help, or have a contact with a company or might be able to, we would really appreciate the support. \*\*



In other news, we're thrilled to see how much our **Reception** robins have grown this week too....



After learning about germination, **Year 2** loved watching their seeds germinate and start to grow, checking on them each day as tiny roots and then shoots began to appear. Before long, they had turned into little seedlings



We're delighted to share the work that **Harry (Y2)** has been doing as part of his biodiversity pledge. He has:

- Created his own bug hotel to support local wildlife
- Explored nature at Nowton Park, listening to birds and discovering bugs and spiders
- Helped biodiversity at home by leaving areas of grass to grow longer

A brilliant example of caring for our environment—well done, Harry! We love seeing how our children are making a difference!

seedlings, and everyone was so excited to plant them into the soil and help them keep growing at home as part of their Barrow sustainability

Tuesday 12<sup>th</sup> May

FOBS FILM NIGHT

# TOY STORY 4

After school until 5pm

Pick up outside  
year 5/6 block  
at 5pm

Crisps &  
drink  
£4



Booking on ParentMail  
Closes Monday 11<sup>th</sup> May at 9am



## **MULTI ACTIVITY, FOOTBALL AND GYMNASTICS MAY HALF TERM CAMP AT BARROW CEVC PRIMARY**

Dear parent,

It is with great pleasure that I am able to confirm that we will be running a multi activity and sport specific holiday clubs at your child's school this May half term. Our Holiday Camps are designed to help your children get active, introduce them to new and exciting activities and create a fun-filled experience they will remember forever.

**VENUE:** Barrow CEVC Primary School

**DATES:** May 26th -29th (Tue-Fri) - 4 days

**TIME:** 9:00 am – 3:30 pm daily

**COST:** Approx £24.99 per day

### **Activities:**

Archery, gymnastics, dance, football, tennis, dodgeball, children's fitness, personal best challenges, and individual sport specific days. We will also be offering a range of fun themed arts and crafts activities.

If your child hasn't attended a Premier camp before, below is a link to our short video which will give you some idea of what to expect on the holiday camp days- [Holiday camp video](#)

The camp is open to boys and girls from all years and children will need to dress appropriately for the weather.

### **Lunch:**

A packed lunch and plenty of non-fizzy drinks will be required. Structured break and lunch times will be supervised by our staff and children will have lots of opportunity to refuel and stay hydrated.

### **Cost:**

Our course cost is approx **£24.99** per day and the day will run from 9am - 3:30pm

### **How to book:**

The below links will take you directly to our website booking page.

### **DATES:**

Multi activity camp- 26th-29th May (Tues-Fri) - 4 days

Football Camp-28th-29th May (Thu-Fri)- 2 days

Gymnastics Camp-26th May (Tue)- 1 day

[https://www.premier-education.com/parents/venue/courses/5867/?location=bury%20st%20edmunds&distance=9.1&distance=9.1&type\[\]=Hol](https://www.premier-education.com/parents/venue/courses/5867/?location=bury%20st%20edmunds&distance=9.1&distance=9.1&type[]=Hol)



# May 2026 Timetable

All regular sessions delivered live online via zoom. 90 minutes long

**£24 each or FREE with School Membership**

Book online at [facefamilyadvice.co.uk](https://facefamilyadvice.co.uk)

Recordings available for 48 hours

School Anxiety	4 May 10am
Understanding Anger	4 May 7pm
Facing Defiance	5 May 10am
Supporting Healthy Screen Use	5 May 7pm
Cannabis and Ketamine Awareness	11 May 10am
Anxiety Explained	11 May 7pm
Introduction to OCD	12 May 10am
What is ACT?	12 May 7pm
Decreasing Depression	18 May 10am
Raising Self-Esteem	18 May 7pm
Supporting Healthy Sleep	19 May 10am
Understanding the Teenage Brain	19 May 7pm
Autism: Improving Communication	25 May 10am
Improving Family Communication	25 May 7pm
Supporting a Child with ADHD	26 May 10am
Understanding Addictive Behaviour	26 May 7pm
<b>FREE Getting a Good Nights Sleep</b>	<b>28 May 7-8pm</b>

# Childhood Neurodivergence Workshop Programme

## Parent/Carer Workshops May – August 2026

Neurodiversity means that across the population there is variation in people's brains. Having people in society who see the world differently and have unique skills is an important part of life to be celebrated. The term "neurodivergent" refers to people whose brains work differently to the typical cultural standards. Neurodivergence includes conditions that people are born with including autism, ADHD, learning disability and learning disorders.

This programme of free virtual workshops supports families in Suffolk. The workshops explore nurturing the unique strengths of neurodivergent children and young people and provide advice on how to support them with the challenges they face. The workshops are live on Zoom and are 90 minutes long. Recordings of the workshops and resource packs are sent after the live event to everyone who has registered.

### Supporting Your Child's Social Relationships

For parents/carers of children aged 0-18. This workshop will discuss social relationship difficulties for neurodivergent children, and how parents/carers can support their children with understanding and managing social relationships. We will cover topics on friendship, family relationships and social relationships.

**Thursday 21<sup>st</sup> May – 12:00 PM [Book Here](#)**

### Understanding and Supporting Sensory Needs

What are the different sensory systems? What might sensory processing differences look like in children and teenagers? This workshop will answer these questions and explore how parents and carers can support a child's sensory needs.

**Wednesday 24<sup>th</sup> June – 13:00 PM [Book Here](#)**

### Navigating the Diagnosis Journey

Navigating the outcome of a diagnostic assessment for autism/ADHD can feel overwhelming for parents/carers and young people. Whether your young person has received a diagnosis or not, this workshop will explore some of the common feelings associated with different diagnostic outcomes. Moreover, it will explore different ways we can speak to children and young people about diagnosis and consider how we can best support them with navigating their diagnostic journey.

**Tuesday 14<sup>th</sup> July – 13:00 PM [Book Here](#)**

### Supporting Planning, Organising and Remembering

This workshop will explore cognitive differences in childhood such as planning, organising and remembering things. The workshop will consider how these differences can impact on day-to-day life and give advice on how parents/carers can support their children and young people with cognitive difficulties.

**Monday 17<sup>th</sup> August – 13:00 PM [Book Here](#)**

These free virtual workshops (Zoom) are designed to provide up to date advice and guidance on how parents and carers can support the young people in their life. To access upcoming workshops, prerecorded workshops and resources in our Childhood Neurodivergence series, scan this QR code or click on the link below:

[Childhood Neurodivergence parent/carers workshops - Suffolk Local Offer](#)

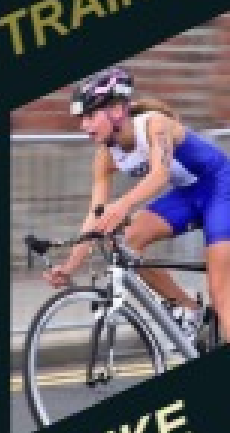




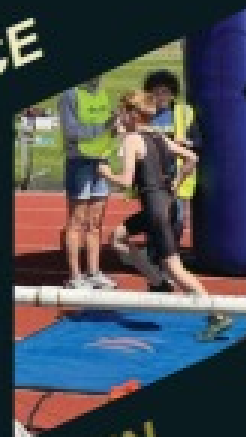
LEARN TRAIN RACE



SWIM



BIKE



RUN



ETHELWOLD  
TRI



Ethelwold Tri is a fun, friendly and inclusive junior triathlon club for **7-17 years olds** across Suffolk and Norfolk. We offer swim, bike and run training with qualified coaches in Bury St Edmunds.

**Try us out with a free taster session!**

Find out more:  
[ethelwoldtri.co.uk](http://ethelwoldtri.co.uk)

Or drop us a line:  
[hello@ethelwoldtri.co.uk](mailto:hello@ethelwoldtri.co.uk)

# CHORISTER OPEN EVENING

FREE!

Tuesday 5 May

starting at 3.45 pm

For school years 3-6  
Singing games with the choristers, try on  
a cassock, hear the mighty organ, join a  
special service, and cake!



Scan for more or visit  
[stedscathedral.org/whats-on](https://stedscathedral.org/whats-on)

St Edmundsbury  
Cathedral

