



# Barrow CEVC Primary School

Inspire, Create, Discover, Together

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Headteacher: Mrs H Ashe BA (Hons)

13<sup>th</sup> April 2026

Dear Parents and Carers,

As part of our PSHE curriculum this term, Year 5 pupils will be learning about human development and changes. This will include age-appropriate lessons on puberty, physical and emotional changes, body confidence and the human reproductive organs.

These lessons are designed to support children in understanding the changes they may experience as they grow, while promoting respect, confidence, and a positive attitude towards their bodies. All content will be delivered sensitively and in line with the national curriculum guidance.

We encourage open communication and understand that families may wish to discuss these topics at home as well.

If you have any questions or would like to discuss the content in more detail, please do not hesitate to get in touch.

Thank you for your continued support.

Mrs Dean