



The Weekly Bulletin

Inspire, Create, Discover, Together

Sports Week 2024

We have had a fantastically sunny and jam-packed sports week at Barrow! The children have had the opportunity to take part in a range of activities and explore the fundamental values of participating in sports.

At Barrow, we believe that exposing children to physical activity from a young age, and encouraging children to explore a wide range of sports, helps to set them up for a bright future and healthy lifestyle. We hope the children have enjoyed all that has been on offer this week and that it may have encouraged some of the children to join in with more sports clubs, inside school and out in the wider community.

A huge thank you to parents for your support this week and for your continued support in valuing your child's physical education. Thank you also to Mr Daniel for his hard work as the school's PE Lead in organising the week for us.

Here is a selection of photos from Sports Week 2024. Enjoy!



Charity 'Wear Blue' Day

On Monday, 1st July we are inviting our whole school community to wear blue to raise money for the charities **St Nicholas Hospice and Bowel Cancer UK**. This is so that we are able to respectfully and purposefully mark the occasion of Helen Canning's funeral day with her favourite colour and in support of the charities that were so close to her heart.

Dates for your Diary

July

- 1st ****Charity Non-uniform Day - all adults and children invited to wear Blue****
Year 5 Activities Week
- 3rd Year 4 Residential Trip
Year 6 visit to Dalham Stud
Year 5 trip to Science Centre, Ipswich
- 4th Year 5/6 Trip to London
- W/c 8th Discovery Cafes/Open Classrooms
Careers Week
- 15th Whole school transition day
- 16th Barrow's Got Talent
- 17th Felixstowe Beach Trip - while school
- 18th End of Term Church Service at 1.45pm
- 19th Leavers' Service - pm



Tri-Golf Competition



A huge 'well done' to our Upper Key Stage 2 Golf Team for their fabulous win at the Bury Tri-Golf Festival this week. Particular congratulations to Rose (Y6) for winning a scholarship membership to Bury St Edmunds Golf Club as part of their talent spotting programme!

Advocates Bake Sale

Thank you for all of your support in bringing in and buying cakes at the Bake Sale last week. The Advocates Group raised £72 to support their future projects.



Please do remember to follow us on Twitter for all the very latest news and updates @BarrowCEVC_Sch



MAKE YOUR CHILD'S DEVELOPMENT MORE FUN!

TRY RUGBYTOTS

Our dynamic weekly play sessions enable boys and girls aged 2-7 to develop their social and physical skills in a fun, positive environment. For more details, just call or email.

0345 313 6701

larry@rugbytots.co.uk



rugbytots.co.uk

The world's favourite rugby play programme

**DAVID
HALL**
TENNIS

YOUR INTRO TO TENNIS

6 hours coaching for 4-11 year olds
new to tennis, including a racket, t-shirt
and ball set for only £29.99 (+£5 P&P)

SCHOOL HOLIDAY

Mon 22nd July to Fri 26th July

Mon 19th August to Fri 23rd August

 **YOUTH
START**

Visit davidhalltennis.com for session times and prices



Free for school years 4-8
on Sat 2-3pm, May-July.
Always first 3 sessions free

The fastest handball sport in the world

Combining the skills of handball, volleyball, basketball and cricket; tchoukball is a unique sport that is fast, fair and fun. Bury are the current national champions.

Sessions are led by the Team UK youth coach.

Opportunities for travel - play from a local level right up to an international standard. Trips have included Italy, Singapore and Switzerland.

We teach all levels including complete newcomers. Being a new sport, everyone starts at the same point.

Sessions: Sat 8-12yrs 2-3pm, 12-15yrs 3-4pm.
For 14+yrs - Thurs 7-9pm, Sat 4-6pm. £4 per hour.

All sessions are held at South Lee Sports Hall, Victory Ground, Newton Road, Bury St Edmunds.

For more information contact Ian Parker on
07512726451 / ian.parker@tchoukball.org.uk



THE ANN HOLLAND SCHOOL OF THEATRE DANCE
SUMMER SCHOOL 2024

“WE LIKE TO BOOGIE!”

**COME AND JOIN US FOR THREE DAYS
OF FUN PACKED CLASSES IN ALL
ASPECTS OF THE PERFORMING ARTS.**

Commercial Dance

Contemporary Dance

Musical Theatre

Modern Jazz

Acrobatic Arts

**Enjoy this our 17th year of wonderful summer
schools from The Ann Holland School of Theatre
Dance.**

**Whether you love to sing along to Frozen, boogie
to Taylor Swift or dance to musical theatre hits
from shows such as Six, Billy Elliott and Matilda
you will have a great experience!**

For students from 4 to 14 years

**Three days 22nd 23rd and 24th July 10am to 3pm
Howard Primary School Bury St Edmunds**



**A final performance opportunity, presenting a
Summer School showcase for friends and family to
watch and enjoy!**

**For further details on how to enrol please email
anhollanddance@gmail.com**

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Bury St. Edmunds Table Tennis Club

A Table Tennis England Premier Club

Calling all Table Tennis Players - Welcome to the 2023/24 season

We are a vibrant and successful club with members from 8 – 80, diverse and inclusive. Whether you are an existing club member, wanting to play again after a break, or a beginner, you will be sure of a friendly welcome. The 2023/24 season starts week commencing 4th September 2023.

Where?

Lower Hall King Edward VI School
off Spring Lane
Bury St. Edmunds IP33 3AP

How Much?

Annual Membership
Seniors (20+ years) £26.00
Juniors/Students £16.00

When?

Adults Fridays 7:00 – 9:00pm
Juniors Thursdays 6:30 – 8:30pm
(1 or 2-hour sessions,
age 8 – 19 years)

Session Fees

Senior Members £5.00 /session
Senior Non-Members £6.50 /session
Juniors – 1 hour £3.00/session
Juniors – 2 hours £4.50/session

Junior of the season
2022-23



Chairman's Special Award
Winner 2022-23



Most Improved Junior
Winner 2022-23



At BSETTC you can: Be inspired; Be engaged; Enjoy and Achieve

For more information contact:
John Waters 07773 285577
hopbines@btinternet.com





SUMMER GYMNASTICS PROGRAMME

Where Fun Meets
Learning & Keeping Active

**22ND JULY-
31ST AUGUST**

**Non-members
welcomed, no
annual
membership
fee required!**



Ape Around Under 10's

- With your grown-ups overseeing, use all the fab equipment in the gym, to practice your skills or just have fun & burn energy!
- Mon, & Wed 9:30-11:00, Tues & Thurs 11:00-12:30
- £6.80 Per Session, Pre-booking Advised

Summertastics 4-14yrs

- Structured Gymnastics Camp
- Gymnastics Apparatus, Fun & Games!
- Mon, Tues, Wed & Thurs 1:00-4:00
- £18.30 Per session
- Pre-booking Required

Monkey Time Under 5's

- With guidance from your grown-up, explore the soft play, sprung tracks, trampoline, soft pits, bars to swing on & beams to balance, includes group activity & story time.
- £5.30 Per Session, Mon & Wed 11:00-12:30

For more info & to book, visit-
www.buryspectrumgymnasticsclub.co.uk/holiday



SUMMER TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each

Book online at facefamilyadvice.co.uk

<p>2 FREE SESSIONS</p> <p>Cannabis & Ketamine Awareness</p> <p>Supporting Kids with School Anxiety</p>	<p>30 JUL</p> <p>26 SEP</p>
<p>Understanding Addictive Behaviour</p>	<p>11 JUL, 8 AUG, 5 SEP</p>
<p>Understanding the Teenage Brain</p>	<p>15 JUL</p>
<p>Raising Self-Esteem</p>	<p>16 JUL</p>
<p>Supporting a Child with ADHD</p>	<p>18 JUL, 15 AUG, 24 SEP</p>
<p>Anxiety Explained</p>	<p>25 JUL, 22 AUG</p>
<p>Understanding Anger</p>	<p>29 JUL, 26 AUG, 23 SEP</p>
<p>Introduction to OCD</p>	<p>6 AUG</p>
<p>Improving Family Communication</p>	<p>12 AUG</p>
<p>Autism: Improving Communication</p>	<p>8 JUL, 5 AUG, 2 SEP</p>
<p>What is ACT?</p>	<p>9 JUL, 3 SEP</p>
<p>Decreasing Depression</p>	<p>23 JUL</p>
<p>Supporting Healthy Sleep</p>	<p>20 AUG</p>
<p>Today's Teens & Today's Drugs</p>	<p>27 AUG</p>

Sparks and Stories Holiday Club



Come and join us as we hear the stories that Jesus told...

Fun, games, crafts, singing, refreshments and stories

Barrow School

20th August to 22nd August

10.00am to 12.30pm

Cost £3 per day

For children Reception to Year 6

**To reserve a place please email
revnicolagreives@gmail.com**