

Friday, 29<sup>th</sup> September 2023

# The Weekly Bulletin

Inspire, Create, Discover, Together

## Democracy in Action!

We began the process of electing our new Senior Pupil Team from Year 6 this week. The whole school has taken part in this democratic process to choose our Senior Pupils. After listening to their amazing speeches in assembly earlier this week, the combined votes of the staff and children are now being counted to enable us to appoint our elected representatives. We're looking forward to finding out in assembly on Monday next week which candidates have been chosen by our school community.



## Whole School Notices

- **Afternoon Pick Up** - A polite reminder to all families to please leave the school premises immediately after picking up your children. Please do not use the play equipment in either the Reception outdoor area or the trim trail on the field. Barrow Extra use the outside areas/play equipment before and after school and these areas need to be clear for safeguarding reasons. Thank you for your support.
- **Medication in school** - please ensure that all medication is handed into the school office. We will only accept prescribed medicines if these are in-date, labelled, provided in the original container as dispensed by a pharmacist and include instructions for administration, dosage and storage.

## Dates for Your Diary

### September

29<sup>th</sup> 'Settling in Reports' out for Y1-Y6

### October

2<sup>nd</sup> School clubs start

2<sup>nd</sup> King Edward's School talk to Y6 families - 3.15pm

3<sup>rd</sup> Open Event for prospective EYFS parents

11<sup>th</sup> Reception Parent Consultation Meetings

17<sup>th</sup> Year 2 History off the Page Day

19<sup>th</sup> Year 4 West Stow trip

19<sup>th</sup> EYFS Reading Meeting

23<sup>rd</sup>- 27<sup>th</sup> Half Term

30<sup>th</sup> - PD Day

## School Games Cross Country

A group of our Year 5 & 6 children attended another local School Games event at Howard Primary Academy this week. The cross country event was really well attended by a large number of local schools and Team Barrow put in another great performance. We were particularly proud of Harry, Isobel, Alfie & Lochlan who all finished well inside the top 10!



# Autumn Term Clubs

Our full Autumn Term after school clubs programme begins next week. Please see details below. There are still a few spaces on some clubs throughout the week. If you haven't yet signed up then please enquire at the office. Please note that cooking club is full.

Clubs List – Autumn 2023					
	Club	Provider	Year Groups	Where	
Monday	Chess	Mrs Rance	KS 2	Year 1	
	Mini Medics	Mrs Woodland	Year 3&4	Year 3	
	Art	Miss Fairweather	KS1	Reception Classroom	
	Aeronautical Origami	Mr Keefe	KS1	Year 4	
Tuesday	Ukulele	TF Music School	Year 1-6	Group Room	
	Tag Rugby	Mr Daniel	KS2	Field	
Wednesday	Water Confidence	Mr Hook/Miss Argent	KS1	Swimming Pool	
	Cooking	Mrs Smith/Mrs Ashe	KS1	Year 1	
	Table Tennis	Mr Hale/Miss Burchell	KS2	Year 5/6	
	Advocates	Mrs Bush	KS2	Year 4	
	Multi- Sports	Mr Daniel	KS2	Field	
Thursday	Lego	Mrs Pearce	KS1	Year 2	
	Dance	Miss Baker	KS2	Year 3	
	Tag Rugby	Mr Daniel	KS1	Field	
	Singing	TF Music School	Year 1-6		
Friday	Running Club	Mr Daniel	Year 1-6	Field	

## Riding Success for Georgie Mai!

Georgie Mai (Y2) had the best time competing at the Sunshine Tour at Hickstead last weekend. It was only her 4<sup>th</sup> big show of her career and we were delighted to hear how well she did for her age.

Georgie Mai completed in nine difference classes and was placed in every class but one. She was was also reserve champion and then came 3rd in the championship round. What a fantastic performance from our very young riding star!

**Please share your out of school successes with us! Drop an email to the office. We love to hear your news!**



## Staff Farewells

We were sad to say goodbye last week to two of our long term and much loved members of staff. Miss McLachlan, from the Reception Team, has decided to pursue a new career path and return to education. We wish her all the very best with her new venture - we will no doubt still see and welcome her around school when she returns as a parent.

We also said a fond farewell to Mrs Stone, from the lunchtime and Barrow Extra teams, who has decided to take more time to enjoy retirement. We are very grateful to both ladies for their service and dedication to Barrow over the years and wish them both well for the future.

## MDSA Vacancy

We are seeking to recruit a flexible, professional and hardworking individual to join our busy Midday Supervisor team. Shifts are available over the lunchtime period Monday – Friday. Flexible days and working patterns are available. For further details, to arrange a chat or to pickup an application form, please contact the school office.



# Barrow CEVC Primary School



INSPIRE, CREATE AND DISCOVER TOGETHER



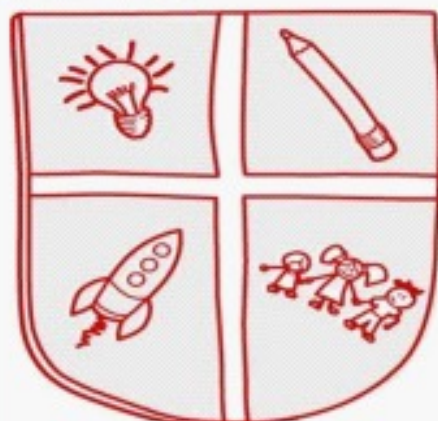
## Open Event

**Tuesday, 3<sup>rd</sup> October 2023**

If your child was born between 1st September 2019 and 31st August 2020 they will start school in September 2024. The deadline for applications is January 2024. We understand how important choosing the right school is and so we would like to warmly invite you to visit our school and experience for yourself the quality of education we offer.

**The school will be open to visitors from 3.30pm to 5.30pm.**

Please contact the school office to register your interest in our open event for prospective Reception parents. We will be pleased to give you a tour and answer any questions you may have.



**Barrow CEVC Primary School**

Barrow, Bury St. Edmunds, Suffolk IP29 5AU

Telephone: 01284 810223 Fax: 01284 811977

Email: [admin@barrow.suffolk.sch.uk](mailto:admin@barrow.suffolk.sch.uk)

Web: [www.barrowcevcprimaryschool.co.uk](http://www.barrowcevcprimaryschool.co.uk)





# **WEST SUFFOLK BASKETBALL**

## **U11 MIXED BASKETBALL TEAM**

**FOR GIRLS AND BOYS IN SCHOOL  
YEARS 3 - 6**

### **LOCATION**

**KING EDWARDS IV SCHOOL  
ENTER OFF OF SPRINGFIELD ROAD  
LEADING TO SPRING LANE IP33 3BH**

**ALL COACHES ARE ENHANCED  
DBS CHECKED  
AND  
SAFEGARDING TRAINED**

**FIRST SEASON FREE. £25 PER MONTH**

**(THERE IS A CONCESSION RATE IS AVAILABLE)**

### **DAYS AND TIME**

**EVERY MONDAY 6:00pm - 7:30pm**

**FIRST SESSION STARTS ON THE 11TH SEPTEMBER 2023**

**FOR MORE INFORMATION CONTACT  
WSWOLVESHEADCOACH@GMAIL.COM**







# What Parents & Carers Need to Know about WHATSAPP



WhatsApp is the world's most popular messaging service, with around two billion users exchanging texts, photos, videos and documents, as well as making voice and video calls. Its end-to-end encryption means messages can only be viewed by the sender and any recipients; not even WhatsApp can read them. Updates to its privacy policy in 2021 (involving sharing data with parent company Facebook) caused millions to leave the app, but the new policy was widely misinterpreted – it only related to WhatsApp's business features, not to personal messages.

## WHAT ARE THE RISKS?

### SCAMS

Fraudsters occasionally send WhatsApp messages pretending to offer prizes – encouraging the user to click on a link to win. Other common scams involve warning someone that their WhatsApp subscription has run out (aiming to dupe them into disclosing payment details) or impersonating a friend or relative and asking for money to be transferred to help with an emergency.

### DISAPPEARING MESSAGES

Users can set WhatsApp messages to disappear in 24 hours, 7 days or 90 days by default. Photos and videos can also be instructed to disappear after the recipient has viewed them. These files can't be saved or forwarded – so if your child was sent an inappropriate message, it would be difficult to prove any wrongdoing. However, the receiver can take a screenshot and save that as evidence.

### ENABLING FAKE NEWS

WhatsApp has unfortunately been linked to accelerating the spread of dangerous rumours. In India in 2018, some outbreaks of mob violence appear to have been sparked by false allegations being shared on the app. WhatsApp itself took steps to prevent its users circulating hazardous theories and speculation in the early weeks of the Covid-19 pandemic.

### POTENTIAL CYBERBULLYING

Group chat and video calls are great for connecting with multiple people in WhatsApp, but there is always the potential for someone's feelings to be hurt by an unkind comment or joke. The 'only admins' feature gives the admin(s) of a group control over who can send messages. They can, for example, block people from posting in a chat, which could make a child feel excluded and upset.

### CONTACT FROM STRANGERS

To start a WhatsApp chat, you only need the mobile number of the person you want to message (the other person also needs to have the app). WhatsApp can access the address book on someone's device and recognise which of their contacts also use the app. So if your child has ever given their phone number to someone they don't know, that person could use it to contact them via WhatsApp.

### LOCATION SHARING

The 'live location' feature lets users share their current whereabouts, allowing friends to see their movements. WhatsApp describes it as a "simple and secure way to let people know where you are." It is a useful method for a young person to let loved ones know they're safe – but if they used it in a chat with people they don't know, they would be exposing their location to them, too.

## Advice for Parents & Carers

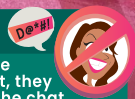
### CREATE A SAFE PROFILE

Even though someone would need a child's phone number to add them as a contact, it's also worth altering a young person's profile settings to restrict who can see their photo and status. The options are 'everyone', 'my contacts' and 'nobody' – choosing one of the latter two ensures that your child's profile is better protected.



### EXPLAIN ABOUT BLOCKING

If your child receives spam or offensive messages, calls or files from a contact, they should block them using 'settings' in the chat. Communication from a blocked contact won't show up on their device and stays undelivered. Blocking someone does not remove them from your child's contact list – so they also need to be deleted from the address book.



### REPORT POTENTIAL SCAMS

Young people shouldn't engage with any message that looks suspicious or too good to be true. When your child receives a message from an unknown number for the first time, they'll be given the option to report it as spam. If the sender claims to be a friend or relative, call that person on their usual number to verify it really is them, or if it's someone trying to trick your child.



### LEAVE A GROUP

If your child is in a group chat that is making them feel uncomfortable, or has been added to a group that they don't want to be part of, they can use WhatsApp's group settings to leave. If someone exits a group, the admin can add them back in once; if they leave a second time, it is permanent.



### THINK ABOUT LOCATION

If your child needs to use the 'live location' function to show you or one of their friends where they are, advise them to share their location only for as long as they need to. WhatsApp gives a range of 'live location' options, and your child should manually stop sharing their position as soon as it is no longer needed.



### DELETE ACCIDENTAL MESSAGES

If your child posts a message they want to delete, WhatsApp allows the user seven minutes to erase a message. Tap and hold on the message, choose 'delete' and then 'delete for everyone.' However, it's important to remember that recipients may have seen (and taken a screenshot of) a message before it was deleted.



### CHECK THE FACTS

You can now fact-check WhatsApp messages that have been forwarded at least five times, by double-tapping the magnifying glass icon to the right of the message. From there, your child can launch a Google search and decide for themselves whether the message was true or not.



## Meet Our Expert

Parveen Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.



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**MACMILLAN**  
**CANCER SUPPORT**

**Barrow Ladies' Group**

**COFFEE MORNING**

*at*

**Barrow Village Hall**

*on*

**Thursday 5th October**

**10.30am - 12.00**

**£3 for Tea / Coffee / Cake**

*Please join us for a friendly chat!*



*All proceeds from:*

**Guess weight of the Cake**

**TOMBOLA.**

**CAKE STALL**

*go to:*

**Macmillan Cancer Relief**