



# Barrow CEVC Primary School

Inspire, Create, Discover, Together

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Headteacher: Mrs H Ashe BA (Hons)



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Dear Parents and carers,

We recognise that some sun is good for us which is why Sun Safety education is an important health and safety issue for schools. Children spend almost half of their childhood at school with approximately 8 hours per week being spent outdoors. During the warmer months of the year children are exposed to UV radiation from the sun, UV penetration is strongest between 11am and 3pm. Without adequate protection, a child's delicate skin can easily burn, which can cause accumulative and irreparable damage, which could significantly increase their risk of developing skin cancer in later life.

***The good news is that skin cancer is almost entirely preventable and with parental support, simple steps can be taken to ensure that your child is protected and can enjoy the sun safely.***

Parental support will play a vital role in our efforts to implement effective control measures particularly with application of sunscreen and use of sun hats. Children are strongly encouraged to apply their own sunscreen, assistance will be provided where necessary, to younger or less able pupils. We look to parents to actively encourage guidance and practice on how to apply their own sunscreen effectively.

In-line with the policy, we ask that parents ensure their child has sunscreen and a sunhat in School from now through until the end of September. A suitable sunhat needs to be either broad-brimmed (bucket style) or legionnaire to shade the face, neck and ears. Baseball caps are not recommended. Sunscreen needs to be clearly named, and it is recommended that it should have a minimum Sun Protection Factor (SPF) 30+, be 'broad-spectrum' to provide both UVA and UVB protection and if labelled with a UVA star rating, carry a minimum of 4 stars. Sunscreen will need to be applied before school during summer months and your child will still need to reapply their sunscreen at school to ensure protection during peak UV hours (between 11am and 3pm).

We thank you for your valued support.

Yours faithfully

Mrs Woodland  
Assistant Headteacher